



Food & Climate: Africa's Hidden Connection





Did you know that **food systems are responsible for about one-third of global greenhouse gas emissions?**


At the same time, Africa's food systems are among the **most affected by climate change** — from droughts and floods to food insecurity.

But there is hope. 🌱 **Traditional African diets** — millet, beans, leafy greens — are not only healthy, they are also **climate-friendly**.

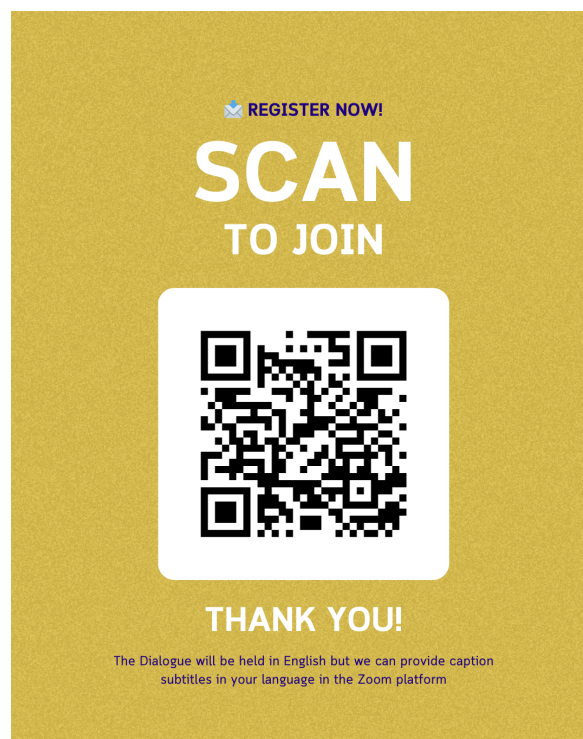
👋👋 This LIVE-Ex Dialogue will bring together African youth to explore: How nutrition and climate change are connected.

Everyday actions young people can take for **climate-smart diets**

 **Date:** 16 September 2025
 **Time:** 1:00 PM CEST | 2:00 PM EAT
 **Location:** Zoom
 **Register here:** <https://forms.gle/8CagspwyG2x1PToV6>

 Be part of Africa's youth voice for food & climate justice.

Your plate has power — let's use it for change.



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